



Note from the nurse...

We all need to do our best to stay healthy and keep our children healthy. When children come to school sick, they aren't able to participate in the learning process and they also expose others to their illness. We trust you to use these guidelines to keep our schools a healthy environment for everyone!

- 2) **FEVER:** No child should **ever** be sent to school with a fever. If they have had a fever, they are not to return to school until they've been fever-free for 24 hours *(WITHOUT the use of antipyretics (i.e. Tylenol or Ibuprofen))*.
- 2) **DIARRHEA:** A child with diarrhea should **always** be kept home. They should not return until the diarrhea has been resolved for 24 hours.
- 3) **VOMITING:** keep your child home until they can eat and keep food down.
- 4) **RASH or SKIN LESIONS:** If your child develops a body rash, you need to have the doctor diagnose the problem. Please ask your doctor for a note to give us upon your child's return to school.
- 5) **STREP THROAT:** your child needs to be on medication and fever-free for 24 hours before they can return to school.

Please consider it a courtesy to let the school know when your child has any type of illness, so that we may notify parents of your child's classmates.

PLEASE NOTE: We often get verbal or written requests from parents asking that we keep their child inside for recess and p.e. due to asthma or recent illness. However, we cannot honor this request unless we have a signed note from a doctor with exact specifications stating when to keep the child indoors (i.e. flare-up of chronic disorder, temperature outside, etc.). Parent permission alone is not sufficient for your child to stay indoors.

Sincerely,

Ellen Anders, RN
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